

# Friday Morning Prayer 1 May 2020

Through Christ let us offer up a sacrifice of praise to God, the fruit of lips that acknowledge his name.

Hebrews 13.15

Glory to God; Father, Son and Holy Spirit: as in the beginning, so now, and for ever. Amen.

### 2 The Opening Canticle, A Song of God's Grace

We have complete freedom:

to go into the most holy place by means of the death of Jesus.

He opened for us a new way, a living way:

through the curtain, through his own body.

Since we have a great high priest

set over the household of God:

let us draw near with a sincere heart and a sure faith,

With hearts that have been made clean

from a guilty conscience:

and bodies washed with pure water.

Hebrews 10.19–22

### 3 The Opening Prayer

The night has passed and the day lies open before us; let us pray with one heart and mind.

### Silence may be kept.

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever.

Amen.

# 4 The Psalms as appointed. A pause is observed after each.

Psalms 1; 2

1

- <sup>1</sup> Blessed are they
  - who have not walked in the counsel of the ungodly: nor followed the way of sinners, nor taken their seat amongst the scornful.
- <sup>2</sup> But their delight is in the law of the Lord: and on that law will they ponder day and night.
- <sup>3</sup> They are like trees planted beside streams of water: that yield their fruit in due season.
- <sup>4</sup> Their leaves also shall not wither: and look, whatever they do, it shall prosper.
- <sup>5</sup> As for the ungodly, it is not so with them: they are like the chaff which the wind scatters.
- <sup>6</sup> Therefore the ungodly shall not stand up at the judgement:

  nor sinners in the congregation of the righteous.
- <sup>7</sup> For the Lord cares for the way of the righteous: but the way of the ungodly shall perish.

<sup>1</sup> Why are the nations in tumult:

and why do the peoples cherish a vain dream?

<sup>2</sup> The kings of the earth rise up

and the rulers conspire together:

against the Lord and against his anointed, saying,

<sup>3</sup> 'Let us break their bonds asunder:

let us throw off their chains from us.'

<sup>4</sup> He that dwells in heaven shall laugh them to scorn:

the Lord will hold them in derision.

<sup>5</sup> Then will he speak to them in his wrath,

and terrify them in his fury:

'I, the Lord, have set up my king on Zion my holy hill.'

<sup>6</sup> I will announce the Lord's decree,

that which he has spoken:

'You are my son, this day have I begotten you.

<sup>7</sup> 'Ask of me,

and I will give you the nations for your inheritance:

the uttermost parts of the earth for your possession.

<sup>8</sup> 'You may break them with a rod of iron:

and shatter them in pieces like a potter's vessel.'

<sup>9</sup> Now therefore be wise, O kings:

be advised, you that are judges of the earth.

<sup>10</sup> Serve the Lord with awe,

and govern yourselves in fear and trembling:

lest he be angry, and you perish in your course.

<sup>11</sup> For his wrath is quickly kindled:

blessed are those that turn to him for refuge.

Alternate Psalm

### **16**

<sup>1</sup> Preserve me, O God:

for in you have I taken refuge.

- <sup>2</sup> I have said to the Lord, You are my lord: and all my good depends on you.
- <sup>3</sup> As for those who are held holy on the earth: the other gods in whom people delight,
- <sup>4</sup> Though the idols are many that they run after: their offerings of blood I will not offer, nor take their name upon my lips.
- <sup>5</sup> The Lord is my appointed portion and my cup: you hold my lot in your hands.
- <sup>6</sup> The share that has fallen to me is in pleasant places: and a fair land is my possession.
- <sup>7</sup> I will bless the Lord who has given me counsel: at night also he has instructed my heart.
- <sup>8</sup> I have set the Lord always before me: he is at my right hand, and I shall not fall.
- <sup>9</sup> Therefore my heart is glad and my spirit rejoices: my flesh also shall rest secure.
- For you will not give me over to the power of death: nor suffer your faithful one to see the Pit.
- 11 You will show me the path of life:
  in your presence is the fulness of joy,
  and from your right hand flow delights for evermore.

### 30

<sup>1</sup> I will exalt you, O Lord, for you have drawn me up from the depths: and have not suffered my foes to triumph over me. <sup>2</sup> O Lord my God, I cried to you:

and you have made me whole.

<sup>3</sup> You brought me back, O Lord, from the land of silence:

you saved my life

from among those that go down to the Pit.

<sup>4</sup> Sing praises to the Lord, all you his faithful ones:

and give thanks to his holy name.

<sup>5</sup> For if in his anger is havoc,

in his good favour is life:

heaviness may endure for a night,

but joy comes in the morning.

<sup>6</sup> In my prosperity I said 'I shall never be moved:

your goodness, O Lord, has set me on so firm a hill.'

<sup>7</sup> Then you hid your face from me:

and I was greatly dismayed.

<sup>8</sup> I cried to you, O God:

and made my petition humbly to my Lord.

<sup>9</sup> 'What profit is there in my blood,

if I go down to the Pit:

can the dust give you thanks,

or declare your faithfulness?

<sup>10</sup> 'Hear, O Lord, and be merciful:

O Lord, be my helper.'

<sup>11</sup> You have turned my lamentation into dancing:

you have put off my sackcloth and girded me with joy,

<sup>12</sup> That my heart may sing your praise and never be silent:

O Lord my God, I will give you thanks for ever.

# 5 At the end of the (last) pause there may follow

Holy God, through your beloved Son you reconciled all things to yourself, making peace by the blood of his cross: fill us and those for whom we pray with your peace and joy; through Jesus Christ our Lord.

Amen.

### 6 One or two Readings from the Bible as appointed.

### 1st Reading

### **Leviticus 26.3-20**

<sup>3</sup> If you follow my statutes and keep my commandments and observe them faithfully, <sup>4</sup> I will give you your rains in their season, and the land shall yield its produce, and the trees of the field shall yield their fruit. <sup>5</sup> Your threshing shall overtake the vintage, and the vintage shall overtake the sowing; you shall eat your bread to the full, and live securely in your land. <sup>6</sup> And I will grant peace in the land, and you shall lie down, and no one shall make you afraid; I will remove dangerous animals from the land, and no sword shall go through your land. 7 You shall give chase to your enemies, and they shall fall before you by the sword. 8 Five of you shall give chase to a hundred, and a hundred of you shall give chase to ten thousand; your enemies shall fall before you by the sword. 9 I will look with favour upon you and make you fruitful and multiply you; and I will maintain my covenant with you. 10 You shall eat old grain long stored, and you shall have to clear out the old to make way for the new. 11 I will place my dwelling in your midst, and I shall not abhor you. 12 And I will walk among you, and will be your God, and you shall be my people. 13 I am the Lord your God who brought you out of the land of Egypt, to be their slaves no more; I have broken the bars of your yoke and made you walk erect. 14 But if you will not obey me, and do not observe all these commandments, 15 if you spurn my statutes, and abhor my ordinances, so that you will not observe all my commandments, and you break my covenant, <sup>16</sup> I in turn will do this to you: I will bring terror on you; consumption and fever that waste the eyes and cause life to pine away. You shall sow your seed in vain, for your enemies shall eat it. 17 I will set my face against you, and you shall be struck down by your enemies; your foes shall rule over you, and you shall flee though no one pursues you. 18 And if in spite of this you will not obey me, I will continue to punish you sevenfold for your sins. <sup>19</sup> I will break your proud glory, and I will make your sky like iron and your earth like copper. <sup>20</sup> Your strength shall be spent to no purpose: your land shall not yield its produce, and the trees of the land shall not yield their fruit.

### 2nd Reading

### John 10.19-30

<sup>19</sup> Again the Jews were divided because of these words. <sup>20</sup> Many of them were saying, 'He has a demon and is out of his mind. Why listen to him?' <sup>21</sup> Others were saying, 'These are not the words of one who has a demon. Can a demon open the eyes of the blind?' <sup>22</sup> At that time the festival of the Dedication took place in Jerusalem. It was winter, <sup>23</sup> and Jesus was walking in the temple, in the portico of Solomon. <sup>24</sup> So the Jews gathered around him and said to him, 'How long will you keep us in suspense? If you are the Messiah, tell us plainly.' <sup>25</sup> Jesus answered, 'I have told you, and you do not believe. The works that I do in my Father's name testify to me; <sup>26</sup> but you do not believe, because you do not belong to my sheep. <sup>27</sup> My sheep hear my voice. I know them, and they follow me. <sup>28</sup> I give them eternal life, and they will never perish. No one will snatch them out of my hand. <sup>29</sup> What my Father has given me is greater than all else, and no one can snatch it out of the Father's hand. <sup>30</sup> The Father and I are one.'

The readings may be followed by a period of silence for reflection, a hymn or

May your word live in us and bear much fruit to your glory.

7 The Canticle, Saviour of the World

Jesus, Saviour of the world,

# come to us in your mercy: we look to you to save and help us. By your cross and your life laid down, you set your people free: we look to you to save and help us. When they were ready to perish, you saved your disciples: we look to you to come to our help. In the greatness of your mercy, loose us from our chains: forgive the sins of all your people.

and mighty deliverer: save and help us that we may praise you.

Make yourself known as our saviour

Come now and dwell with us, Lord Christ Jesus:

hear our prayer and be with us always. And when you come in your glory: make us to be one with you and to share the life of your kingdom.

# 8 The Apostles' Creed may be said.

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose from the dead; he ascended into heaven, and is seated at the right hand of the Father; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints. the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

### 9 The Prayers

Lord have mercy. Christ have mercy. Lord have mercy.

### 10 The Lord's Prayer and the Collect of the Day

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.

### Prayer of the Week

### **Third Sunday of Easter**

Gracious Father.

who in your great mercy made glad the disciples with the sight of the risen Lord: give us such awareness of his presence with us that we may be strengthened and sustained by his risen life, and serve you continually in righteousness and truth; through Jesus Christ our Lord. **Amen**.

11 Intercessions and Thanksgivings may be made according to local custom and need.

# 12 The Morning Collect

Eternal God and Father, by whose power we are created and by whose love we are redeemed; guide and strengthen us by your Spirit, that we may give ourselves to your service, and live this day in love to one another and to you; through Jesus Christ our Lord. Amen.

## 13

The Lord be with you. **And also with you.** Let us praise the Lord.

### Thanks be to God.

Peace be to us all, and love with faith, from God the Father and the Lord Jesus Christ.

Amen.

Ephesians 6.23

#### **Acknowledgements:**

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possible to ensure that abuse does not occur. All complaints of abuse are taken very seriously, and we do all we can to lessen harm. We offer respect, pastoral care and ongoing long-term support to anyone who makes a complaint. St Mary's Statement of Commitment to Child Safety is on our noticeboard and can be downloaded from our website www.stmarys.org.au.

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### MISSION AND VISION STATEMENT

St Mary's Anglican Church, North Melbourne is an inner-city Christian community that strives to be faithful, inclusive and sacramental.

God inspires us to worship in daily celebration; to be caring, thoughtful and inviting.

*In response to God's call, in the next three to five years we aim:* 

- *To grow substantially in faith and numbers*
- To create an inter-generational culture that values all age groups children and adults equally
- To express our faith in active engagement within and beyond our own community
- To deploy our property and financial assets in strategic support of the ministry needs of the parish for the long term
- To become more open to change as we learn to grow

