

*St Mary's*



*Sixth Ordinary Sunday*

*12<sup>th</sup> February 2023*



**8am Preaching and Presiding: Fr Jan Joustra**  
**10am Presiding: Rev'd Prof Mark Lindsay (Associate Priest)**  
**10am Preaching: Fr Jan Joustra**

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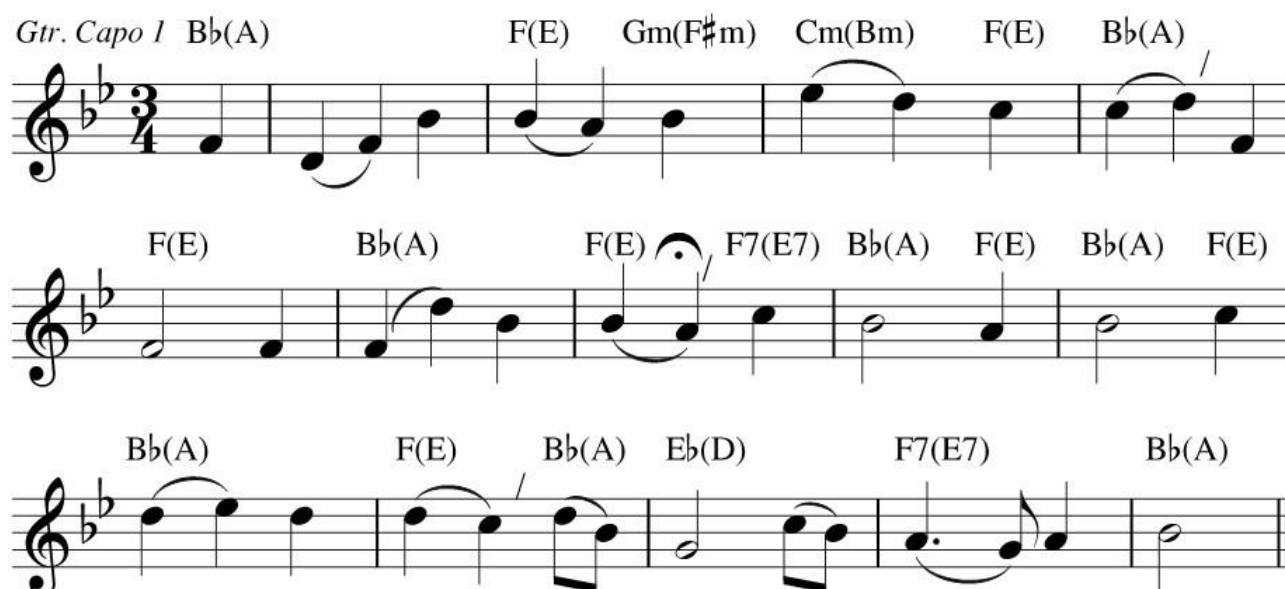
*Welcome to St Mary's North Melbourne.  
Thank you for joining us in worship.  
Please join in saying the text marked in **bold**  
and singing the musical responses and hymns.*

## INTRODUCTION

Jesus came to make the old law complete. In each of the examples in the Gospel reading today, the letter of the old law is superseded by the spirit of the new law, presenting us with a different morality. We are not left alone to achieve that “better righteousness”; God’s grace and peace are always accessible through that same Jesus who reveals the new law.

## THE ENTRANCE HYMN

**TIS 112**



1. Through all the changing scenes of life,  
in trouble and in joy,  
the praises of my God shall still  
my heart and tongue employ.
2. Of his deliverance I will boast,  
till all that are distressed,  
when learning this, will comfort take  
and calm their griefs to rest.

- 
3. **O magnify the Lord with me,  
with me exalt his name;  
when in distress to him I called  
he to my rescue came.**
  4. **The hosts of God encamp around  
the dwellings of the just;  
deliverance he provides for all  
who in his mercy trust.**
  5. **O make but trial of his love;  
experience will decide  
how blest are they, and only they,  
who in his truth confide.**
  6. **Fear him, you saints, and you will then  
have nothing else to fear;  
if in his service you delight  
your wants shall be his care.**

*Nahum Tate 1652–1715 and Nicholas Brady 1659–1726 alt.  
based on Psalm 34: 1–9*

#### PRAYER OF PREPARATION

In the name of the Father, and of the Son, and of the Holy Spirit.  
**Amen.**

The Lord be with you.  
**And also with you.**

**Almighty God, to whom all hearts are open, all desires known, and  
from whom no secrets are hidden: cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit, that we may perfectly love  
you and worthily magnify your holy name; through Christ our Lord.  
Amen.**

Lord, have mercy. **Lord, have mercy.**  
Christ, have mercy. **Christ, have mercy.**  
Lord, have mercy. **Lord, have mercy.**

Organ

Lord, have\_ mer - cy,

Lord, have\_ mer - cy, Lord, have\_ mer - cy.

Christ, have\_ mer - cy, Christ, have\_ mer - cy,

Christ, have\_ mer - cy. *mf* Lord, have\_ mer - cy,

*cresc.*

Lord, have\_ mer - cy, *mp* Lord, have\_ mer - cy.

*The assistant introduces the confession*

Our Lord Jesus Christ said: ‘You shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength. This is the great and first commandment. And a second is like it: You shall love your neighbour as yourself. On these two commandments hang all the law and prophets.’

Let us confess our sins to Almighty God

**Merciful God, our Maker and our Judge, we have sinned against you in thought, word, and deed, and in what we have failed to do: we have not loved you with our whole heart; we have not loved our neighbours as ourselves; we repent and are sorry for all our sins. Father, forgive us. Strengthen us to love and obey you in newness of life through Jesus Christ our Lord. Amen.**

*The celebrant pronounces the absolution*

Almighty God, who has promised forgiveness to all who turn to him in faith: pardon you and set you free from all your sins, strengthen you in all goodness and keep you in eternal life, through Jesus Christ our Lord. **Amen.**

*Organ* ***f*** Glo - ry to God in the

high-est, and peace to God's peo-ple on earth, ***mf*** Lord God,

heav'n - ly King, al - might - y God and Fa - ther, we

*cresc.* wor - ship you, we give you thanks, we praise you for—your—

*cresc.* glo - ry. ***mp*** Lord Je - sus Christ, on - ly

Son of the Fa-ther, Lord God, — Lamb of God, you

take a-way the sin of the world: have mer - cy on us: you are

seat - ed at the right hand of the Fa - ther: ***p*** re -

- ceive our prayer. For you a-lone are the Ho - ly One: ***f***

you a-lone are the Lord: *cresc.* you a-lone are the

Most High, Je - sus Christ, with the Ho - ly Spi - rit,

***ff*** in the — glo - ry of God the Fa - ther. A - men.

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*The celebrant reads or sings the collect of the day*

Faithful God, you have appointed us your witnesses, to be a light that shines in the world: let us not hide the bright hope you have given us, but tell everyone of your love, revealed in Jesus Christ the Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen**

## THE LITURGY OF THE WORD

*Please sit for the reading*

A reading from the book of Deuteronomy

So now, O Israel, what does the Lord your God require of you? Only to fear the Lord your God, to walk in all his ways, to love him, to serve the Lord your God with all your heart and with all your soul, and to keep the commandments of the Lord your God and his decrees that I am commanding you today, for your own well-being. Although heaven and the heaven of heavens belong to the Lord your God, the earth with all that is in it, yet the Lord set his heart in love on your ancestors alone and chose you, their descendants after them, out of all the peoples, as it is today. Circumcise, then, the foreskin of your heart, and do not be stubborn any longer. For the Lord your God is God of gods and Lord of lords, the great God, mighty and awesome, who is not partial and takes no bribe, who executes justice for the orphan and the widow, and who loves the strangers, providing them with food and clothing. You shall also love the stranger, for you were strangers in the land of Egypt. You shall fear the Lord your God; him alone you shall worship; to him you shall hold fast, and by his name you shall swear. He is your praise; he is your God, who has done for you these great and awesome things that your own eyes have seen. Your ancestors went down to Egypt seventy persons; and now the Lord your God has made you as numerous as the stars in heaven.

*Deuteronomy 10.12-22*

For the word of the Lord.

**Thanks be to God.**

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## PSALM 119

### Response:



O Lord, my de-light, — my de - light is in your law.

Happy are those whose life is without blame, who walk in the law of the Lord. Happy are those who do God's will, and seek the Lord with all their heart. They do no wrong, but always walk in the way of God.

### *Response*

You have given us your commands; with faithfulness we obey. O, that I may be true in keeping your statutes! Then I shall not be ashamed, if I have kept my eyes on your commands.

### *Response*

I will praise you with an upright heart, as I learn your righteous word. I will obey your decrees; do not abandon me!

### *Response*

*Text copyright 1984 Helen L. Wright.*

### SECOND READING:

A reading from the first letter of St Paul to the Corinthians:

And so, brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, or you are still of the flesh. For as long as there is jealousy and quarrelling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, 'I belong to Paul', and another, 'I belong to Apollos', are you not merely human? What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos

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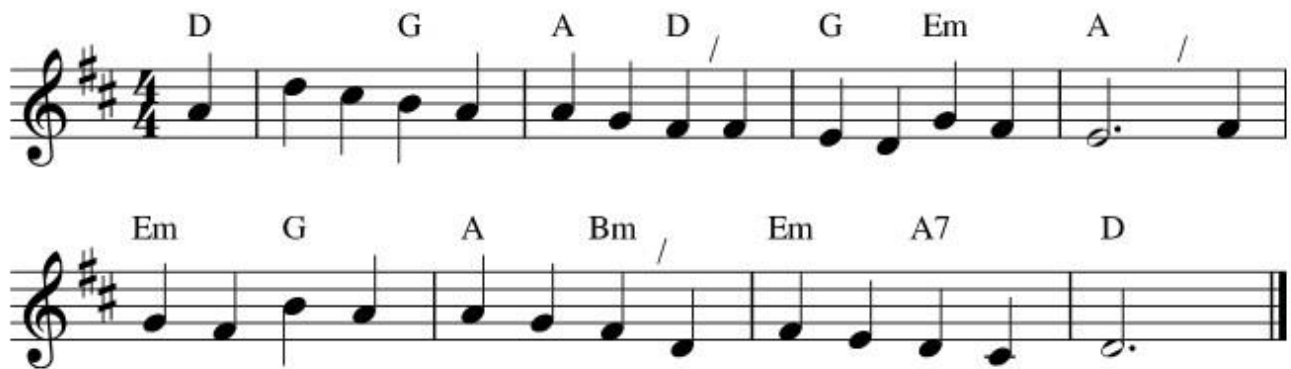
watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labour of each. For we are God's servants, working together; you are God's field, God's building.

*1 Corinthians 3.1-9*

For the word of the Lord.  
**Thanks be to God.**

GRADUAL HYMN

TIS 485



1. **My God, accept my heart this day,  
and make it still your own,  
that I from you no more may stray,  
but follow you alone.**
2. **Before the cross of him who died  
in penitence I fall;  
let every sin be crucified,  
and Christ be Lord of all.**
3. **Anoint me with your heavenly grace,  
and seal me for your own,  
that I may see your glorious face,  
and worship near your throne.**



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**4. Let every thought and work and word  
to you be ever given;  
then life shall be your service, Lord,  
and death the gate of heaven.**

*Matthew Bridges 1800–94 alt.*

## THE GOSPEL

Alleluia, **Alleluia**

Blessed are you, Father, Lord of heaven and earth;  
you have revealed to little ones the mysteries of the kingdom.

**Alleluia**

The Lord be with you:

**And also with you.**

A reading from the Holy Gospel of our Lord Jesus Christ according to  
Saint Matthew:

**Glory to you Lord Christ:**

Jesus said to his disciples, ‘You have heard that it was said to those of ancient times, “You shall not murder”; and “whoever murders shall be liable to judgement.” But I say to you that if you are angry with a brother or sister, you will be liable to judgement; and if you insult a brother or sister, you will be liable to the council; and if you say, “You fool”, you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny. ‘You have heard that it was said, “You shall not commit adultery.” But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right

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eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell. ‘It was also said, “Whoever divorces his wife, let him give her a certificate of divorce.” But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery. ‘Again, you have heard that it was said to those of ancient times, “You shall not swear falsely, but carry out the vows you have made to the Lord.” But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be “Yes, Yes” or “No, No”; anything more than this comes from the evil one.

*Matthew 5.21-37*

This is the Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

SERMON

NICENE CREED

**We believe in one God, the Father, the almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one being with the Father;  
through him all things were made.  
For us and for our salvation**

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he came down from heaven,  
was incarnate of the Holy Spirit and the virgin Mary  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge  
the living and the dead  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

#### THE PRAYERS OF THE PEOPLE

*After each section:*            Lord in your mercy  
    **Hear our prayer**

*And at the end:*

Almighty God, you have promised to hear our prayers.  
**Grant that what we have asked in faith we may by your grace  
receive, through Jesus Christ our Lord. Amen**

## THE GREETINGS OF PEACE

We are the body of Christ.

**His Spirit is with us.**

The peace of the Lord be always with you.

**And also with you.**

## THE OFFERTORY HYMN

**TIS 628**

*Refrain* D G A7 D / G Em

In faith and hope and love with joy-ful trust we

A / Em D G A D

*Verses* move towards our Fa-ther's home a-bove.

D C G D

1 Christ, our star, our map, our

G / A D Em A7 D

road to the Fa-ther's high a-bode.

### Refrain:

*In faith and hope and love  
with joyful trust we move  
towards our Father's home above.*

1. Christ, our star, our map, our road  
to the Father's high abode. *Refrain*
2. Christ, our bread along the way;  
Christ our rescue when we stray. *Refrain*

- 
3. **Christ our shelter, Christ our friend,  
our beginning and our end. *Refrain***
  4. **Christ, our hope and our reward;  
our redeemer and our Lord. *Refrain***

*James Phillip McAuley 1917–76  
Music © R. Connolly*

#### THE PREPARATION OF THE GIFTS

Blessèd are you, Lord God of all creation, through your goodness we have this bread to offer, fruit of the earth and work of human hands, it will become for us the bread of life.

**Blessèd be God for ever.**

Blessèd are you, Lord God of all creation, through your goodness we have this wine to offer, fruit of the vine and work of human hands, it will become for us the cup of salvation.

**Blessèd be God for ever.**

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## EUCCHARISTIC PRAYER

### Sursum Corda

The musical notation is presented in three staves, each with a treble clef and a key signature of one flat (B-flat). The first staff is divided into two parts: the first part is for the Celebrant and the second for the People. The second staff follows the same pattern. The third staff is a single line for both Celebrant and People. The lyrics are written below the notes, with some words underlined to indicate phrasing.

*Celebrant*      *People*  
The Lord be with you.      And al - so with you.

*Celebrant*      *People*  
Lift up your hearts.      We lift them to the Lord.

*Celebrant*      *People*  
Let us give thanks to the Lord our God.      It is right to give our thanks and praise.

All glory and honour, thanks and praise be given to you at all times and in all places, Lord, holy Father, true and living God, through Jesus Christ our Lord.

For he is your eternal Word through whom you have created all things from the beginning and formed us in your own image.

In your great love you gave him to be made man for us and to share our common life.

In obedience to your will your Son our Saviour offered himself as a perfect sacrifice, and died upon the cross for our redemption. Through him you have freed us from the slavery of sin and reconciled us to yourself, our God and Father.

He is our great high priest whom you raised from death and exalted to your right hand on high where he ever lives to intercede for us.

Through him you have sent upon us your holy and life-giving Spirit and made us a royal priesthood called to serve you for ever.

Therefore with angels and archangels and with all the company of heaven we proclaim your great and glorious name, for every praising you and singing:

E B E A B E B  
 Organ Ho - ly, Ho - ly,  
 A E / F#m E B /  
 Ho - ly Lord, God of pow-er and might,  
 F#m B G#m C#m /  
 heav'n and earth are full of your glo - ry. Ho -  
 A F#m B E /  
 - san - na in the high - est.  
 C#m A F#m B  
*mf* Bless - ed is he who comes in the name of the  
 G#m C#m / A F#m B E  
 Lord. *f* Ho - san - na in the high - est.

All glory and thanksgiving to you, holy Father;  
 on the night before he died, your Son, Jesus Christ, took bread;  
 when he had given you thanks he broke it,  
 gave it to his disciples, and said:  
 Take, eat, this is my body which is given for you;  
 do this to remember me.



After supper he took the cup;  
when he had given you thanks he gave it to them and said:  
Drink this, all of you,  
for this is my blood of the new covenant which is shed for you  
and for many for the forgiveness of sins;  
do this, as often as you drink it, to remember me.

Let us proclaim the mystery of faith:

E A B E C#m A C# F#m

*Organ mf* Christ has died, Christ is ris - en,

D A B

*f* Christ will come a - gain.

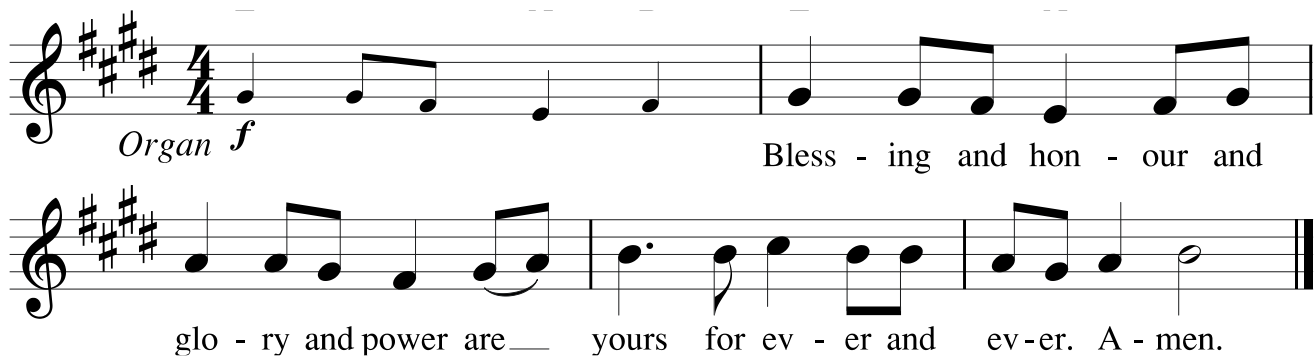
Therefore loving God, recalling your great goodness to us in Christ, his suffering and death, his resurrection and ascension, and looking for his coming in glory, we celebrate our redemption with this bread of life and this cup of salvation.

Accept our sacrifice of praise and thanksgiving which we offer through Jesus Christ our great high priest.

Send your Holy Spirit that these gifts of bread and wine which we receive may be to us the body and blood of Christ, and that we, filled with the Spirit's grace and power, may be renewed for the service of your kingdom.

United in Christ with all who stand before you  
in earth and heaven, we worship you, through Jesus Christ our Lord, with whom, and in whom, in the fellowship of the Holy Spirit all glory is yours, eternal God, now and forever.





## THE LORD'S PRAYER

As Christ has taught us, we are confident to pray:

**Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done, on earth as in heaven.  
Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us.  
Save us from the time of trial and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

*The priest breaks the consecrated bread, saying:*

We break this bread to share in the body of Christ.  
We who are many are one body,  
**for we all share in the one bread.**

## AGNUS DEI

*Organ* *mp* Je - sus, — Lamb of God, have  
mer - cy — on us. Je - sus, — bear - er of our — sins, have  
mer - cy — on us. Je - sus, re - deem - er of the — world,  
grant us your peace, *p* grant us — your peace.

## THE INVITATION

The gifts of God for the people of God.

Come let us take this holy sacrament of the body and blood of Christ in remembrance that he died for us, and feed on him in our hearts by faith with thanksgiving.

## COMMUNION

### ANTHEM

‘If ye love me’

*Thomas Tallis (c.1505-85)*

## POST-COMMUNION PRAYER

Go before us, Lord, in all we do, with your most gracious favour, and guide us with your continual help, that in all our works begun, continued and ended in you, we may glorify your holy name, and finally by your mercy receive everlasting life; through Jesus Christ our Lord. **Amen.**

Father, we offer ourselves to you as a living sacrifice through Jesus Christ our Lord. Send us out in the power of your Spirit to live and work to your praise and glory. **Amen.**

## THE RECESSIONAL HYMN

TIS 683

*Gtr. Capo 3* Cm(Am) Bb(G) Cm(Am) /

Gm(Em) Dm(Bm) Gm(Em) / Eb(C) F(D)

Gm(Em) / Dm(Bm) Eb(C) F(D) Cm(Am)

1. **God! When human bonds are broken  
and we lack the love or skill  
to restore the hope of healing,  
give us grace and make us still.**
2. **Through that stillness, with your Spirit  
come into our world of stress,  
for the sake of Christ forgiving;  
all the failures we confess.**
3. **You in us are bruised and broken:  
hear us as we seek release  
from the pain of earlier living;  
set us free and grant us peace.**
4. **Send us, God of new beginnings,  
humbly hopeful into life.  
Use us as a means of blessing:  
make us stronger, give us faith.**

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**5. Give us faith to be more faithful,  
give us hope to be more true,  
give us love to go on learning:  
God! Encourage and renew!**

*Frederik Herman Kaan 1929–  
Words and music by permission Stainer & Bell, London*

## ANNOUNCEMENTS

### THE SENDING OUT OF GOD’S PEOPLE

Most loving God, you send us into the world you love.

**Give us grace to go thankfully and with courage in the power of the Spirit.**

### THE BLESSING

Go forth into the world in peace; be of good courage; hold fast that which is good; render to no one evil for evil; strengthen the fainthearted; support the weak; help the afflicted; honour everyone; love and serve the Lord, rejoicing in the power of the Holy Spirit; and the blessing of God almighty, the Father, the Son and the Holy Spirit, be amongst you and remain with you always. **Amen**

### DISMISSAL

Go in peace to love and serve the Lord:  
**In the name of Christ. Amen.**

### POSTLUDE

*‘Dies sind die heiligen zehen Gebot’*  
(These are the holy commandments)

J.S. Bach

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## PRAYERS

Please pray for those in need: including Neil and Tricia, Father Rob, Bishop John (Parkes), Bianca and family, Gerard, and Heather.

Also, those whose anniversaries of death fall this week: Vidya Fernandez.

If there is a name that should be included, please advise the Parish Office by email [office@stmarys.org.au](mailto:office@stmarys.org.au)

### **Acknowledgements:**

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### **Farewell Morning Tea**

There will be a farewell morning tea for Father Mark Lindsay on the 12<sup>th</sup> of February after the 10.00am service. All are welcome!

### **Shrove Tuesday Pancake Picnic**

Tuesday 21 February at 6.30 pm

Please come if you can and bring children. Pancakes (including gluten free) will be provided together with fillings, including savoury, sweet and vegetarian, and salad. You need to bring chairs and BYO drinks.

There WILL be pancake races. Adults pay \$10 and children are free

### **Food for St Marks**

People are doing it tough at the moment. Any additional food items you can donate (noodles, long life milk etc) will be gratefully accepted at St Marks.

Please leave them at the back of the church.

## **Fish Friday**

Why cook fish on Friday evenings during Lent when you can enjoy a lovely fish dinner with friends?

Only \$18 for dinner and dessert.

6.30pm Small Hall

Bring a salad to share.

Bookings through Trybooking.

March 3<sup>rd</sup> to March 31<sup>st</sup> (every Friday in March)

Book now to reserve your place.

3<sup>rd</sup> March: <https://www.trybooking.com/CFXFT>

10<sup>th</sup> March: <https://www.trybooking.com/CFXFV>

17<sup>th</sup> March: <https://www.trybooking.com/CFXFY>

24<sup>th</sup> March: <https://www.trybooking.com/CFXGC>

31<sup>st</sup> March: <https://www.trybooking.com/CFXGD>

## **Ash Wednesday Service Times**


8.30am

12.30pm

7.00pm

## Roster – Who’s doing what? Sign up for roles here:

<https://linktr.ee/stmarysroster>

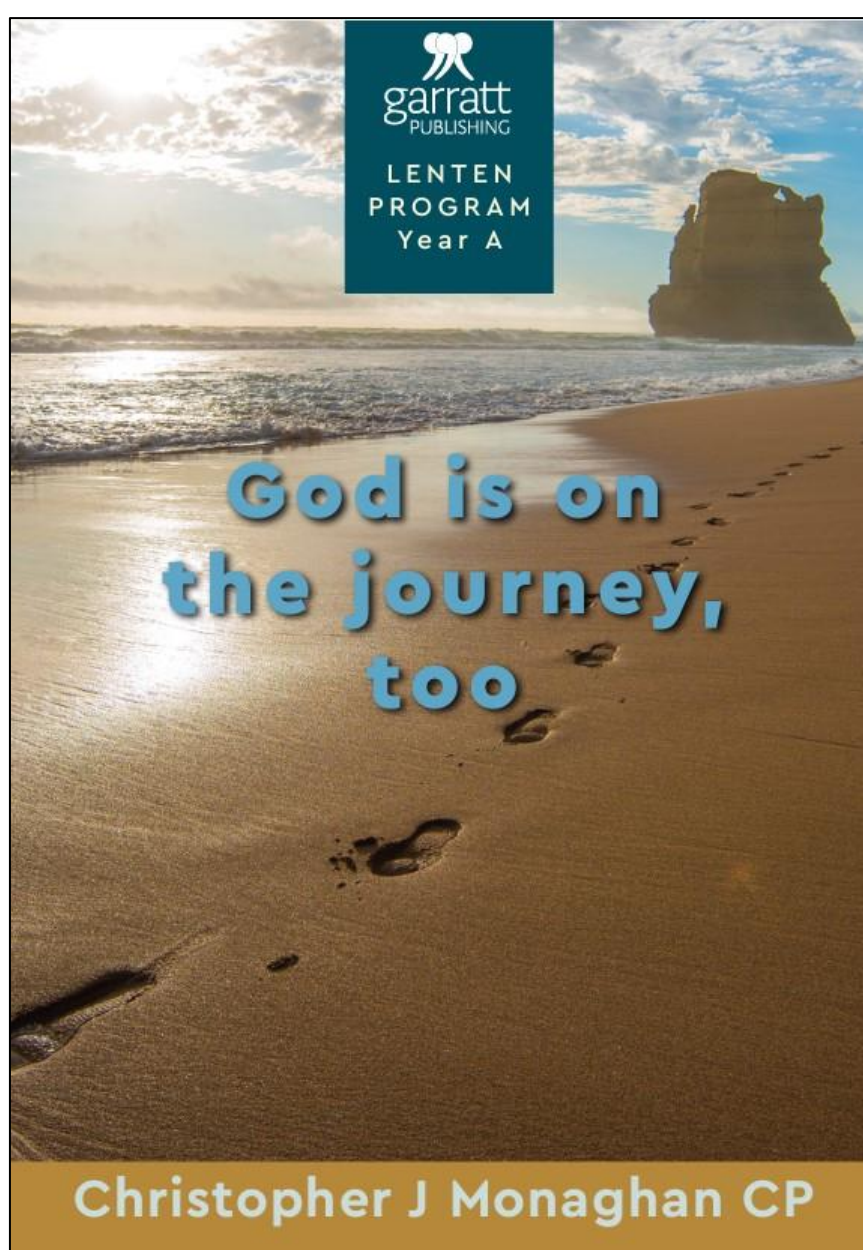
	<b>February 12th</b>	<b>February 19th</b>
<b>8:00am Reader</b>	Jenny Langmead	Judie Bainbridge
<b>10:00am Readers</b>	Michael Golding Anne Sunderland	Hellen McCallum Michael Noble
<b>Serving Team</b>	Andrew Murray Peter O’Donoghue	Andrew Murray Peter O’Donoghue
<b>Welcome</b>	Anne Sunderland	Samuel Miller
<b>Introduction &amp; Intercessions</b>	Geoff Jenkins	Robert Gribben
<b>Video/AV</b>	Adam Wing	Adam Wing
<b>Kids Corner &amp; Sunday School</b>	Harriet Jenkins	Harriet Jenkins
<b>Morning Tea</b>	Susan Gribben Marion Poynter	Margaret Noble Michael Noble
<b>Collection Counting</b>	Parish Council +1	Parish Council +1
<b>Flowers</b>	Marion Poynter	Helen McCallum

## **Lenten Study**

Come and join the Lenten study at the Vicarage!

7.30pm Wednesdays

Starting 1<sup>st</sup> of March





# St Mary's Parish Notices

## St Mary's Choir

The choir has resumed practices as on Tuesday 31st January from 5.30 - 7pm in the Church. We are keenly looking for new membership. If you are interested or know if someone we could invite, please contact the Director of Music through the Church Office, or speak to one of the choristers or staff on Sunday.

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## SHROVE TUESDAY PANCAKES

6.30pm February 21<sup>st</sup>

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## SUMMER READING

St Mary's January February

Book Exchange

Bring your unwanted fiction for \$10.

Buy any book for \$3 or 4 for \$10

**Every Sunday after church**

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## GIVING TO SUPPORT ST MARYS

We value your financial support. This helps us keep our doors open and fulfil our mission. *You can donate by following this link or scanning the QR code:*

<http://st-marys-anglican-north-melbourne.square.site/>



*Or make a direct transfer to:*

**Account Name:** St Marys Anglican Church North Melbourne

**Bank:** Westpac

**BSB:** 033 132 **Account Number:** 264412

The Royal School of Church Music (RSCM) is pleased to present a discussion led by Father Glenn Loughrey on Saturday 18 February 2023.

Glenn is "a Wiradjuri man and an Anglican priest at St Oswald's, Glen Iris. He is an artist with a particular interest in exploring identity and story through the visual arts. He is engaged in the dialogue for treaty, sovereignty, reconciliation and self-determination for First Nation peoples." (*from Glenn's blog Red Shoes Walking*)

The venue is St Oswald's Anglican Church Glen Iris, and the presentation will be followed by our Annual General Meeting.

The address and the meeting will be livestreamed. Everyone is very welcome to attend either in person or online.

In this year of the referendum for The Voice, it is important to reflect on what we need to learn about living in these lands called Australia. Miriam-Rose Ungunmerr Baumann invites us to consider what First Australians have to offer so that our lives together may be enriched by a greater understanding of these ancient lands and their people.

These are the pertinent questions which Fr Glenn will address in his presentation:

- As church musicians, are we ready to consider how what is sung in our services might be perceived by First Australians?
- What might be the questions and conundrums they identify?
- How do we listen and learn?

The new glass panels in St Paul's Cathedral Melbourne designed by Fr Glenn Loughrey



The screens depicting Kulin creation stories welcome churchgoers to St Paul's Cathedral (ABC News: Danielle Bonica)

For livestream link, please contact Marion Dewar [imdewar@dcsi.net.au](mailto:imdewar@dcsi.net.au) or 0427 519 534



Wesley LifeForce Suicide Prevention Training

**Essential skills training to recognise and respond to someone at risk of harm.**  
Educating, empowering and resourcing local Australian communities

**Program outline**  
Wesley LifeForce offers suicide prevention training to educate and provide people with the tools to recognise and help someone who is at risk.

Since 2002, we have provided suicide prevention skills training to more than 33,000 people in metropolitan, regional, rural and remote Australia

**The outcomes**

- understand risk and protective factors
- how to identify the warning signs that someone may be at risk of suicide
- how to ask directly about suicide intent
- understand what local and national support resources are available to support a person at risk.

**Training session details**  
**Date:** Thursday, 13 April 2023  
**Time:** 10:00 am – 4:00 pm AEDT

**Free Event**

**Location:**  
Richmond Library  
Meeting Room, Level One  
415 Church Street  
Richmond, VIC 3121

**Register online:** [Wesley LifeForce Suicide Prevention Full Day Workshop, Richmond VIC Tickets, Thu 13/04/2023 at 10:00 am | Eventbrite](#)

**Or email** [lifeforce@wesleymission.org.au](mailto:lifeforce@wesleymission.org.au) **or call** 1800 100 024

**The Wesley LifeForce Suicide Prevention Program gratefully acknowledges the funding provided by the Australian Government.**

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**Do all the good you can  
because every life matters**

**The Training is also running on the 11<sup>th</sup> of May 2023.**

**Please contact: [lifeforce@wesleymission.org.au](mailto:lifeforce@wesleymission.org.au)**

**or call 1800 100 024 for more information.**

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	Sam Miller	<a href="mailto:samcmiller92@msn.com">samcmiller92@msn.com</a>

Parish Administrator: Darrell Pitt.  
Office Hours: 9.30 am to 12.30 pm, Mon-Fri.

**KOOYOORA**  
PROFESSIONAL STANDARDS  
DIOCESE OF MELBOURNE

The Anglican Diocese in conjunction with St Mary's Anglican Church North Melbourne does not tolerate abuse, harassment or other misconduct within our communities. If any person has concerns about behaviour of a church worker, past or present. The Diocese of Melbourne is committed to doing all that is possible to ensure that abuse does not occur. All complaints of abuse are taken very seriously, and we do all we can to lessen harm. We offer respect, pastoral care and ongoing long-term support to anyone who makes a complaint. St Mary's Statement of Commitment to Child Safety is on our noticeboard and can be downloaded from our website [www.stmarys.org.au](http://www.stmarys.org.au).

**PLEASE REPORT ABUSE CALL 1800 135 246**