

# St Mary's



*Fourth Sunday After Epiphany*  
*28th January 2024*



**8am & 10am Presiding and Preaching:**  
Rev'd Robyn Boyd

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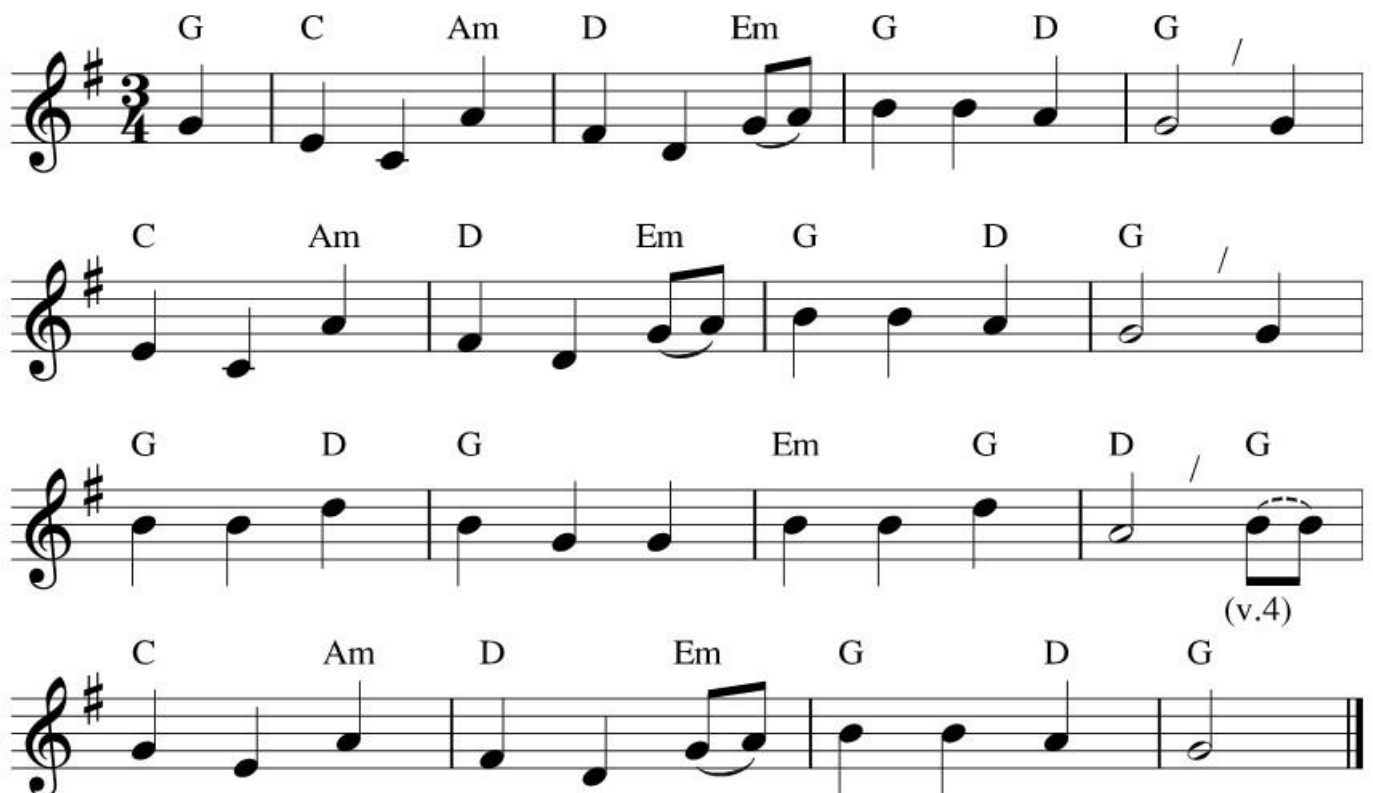
*Welcome to St Mary's North Melbourne.  
Thank you for joining us in worship.  
Please join in saying the text marked in **bold**  
and singing the musical responses and hymns.*

## INTRODUCTION

Jesus' first act in Mark's gospel is to establish goodness in place of evil. Active opposition to evil as well as preaching against it are at the heart of his teaching. Today's evils are more subtle but no less pervasive. We must take the Gospel seriously so we may avoid the attractive temptation to live by the world's destructive rules.

## HYMN

TIS 143



- 1. Immortal, invisible, God only wise,  
in light inaccessible hid from our eyes,  
most blessèd, most glorious, the Ancient of Days,  
almighty, victorious, your great name we praise.**

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2. **Unresting, unhasting, and silent as light,  
nor wanting, nor wasting, but ruling in might;  
your justice like mountains high soaring above,  
your clouds which are fountains of goodness and love.**
  3. **You give life to all, Lord, to both great and small,  
in all life now living, the true life of all;  
we blossom and flourish as leaves on a tree,  
then wither: but ever unchanged you will be.**
  4. **Great Father of glory, pure Father of light,  
your angels adore you, all veiling their sight;  
of all your rich graces this grace, Lord, impart —  
take the veil from our faces, the veil from our heart.**
  5. **All praise we would render: reveal to our sight  
what hides you is only the splendour of light;  
and so let your glory, Almighty, impart,  
through Christ in the story, your Christ to the heart.**

Walter Chalmers Smith 1824–1908 *alt.*

## PRAYER OF PREPARATION

In the name of the Father, and of the Son, and of the Holy Spirit.  
**Amen.**

The Lord be with you.  
**And also with you.**

**Almighty God, to whom all hearts are open, all desires known, and  
from whom no secrets are hidden: cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit, that we may perfectly love  
you and worthily magnify your holy name; through Christ our Lord.  
Amen.**

Lord, have mercy. **Lord, have mercy.**  
Christ, have mercy. **Christ, have mercy.**  
Lord, have mercy. **Lord, have mercy.**

**Kyrie 2**

Lord, have\_ mer - cy, Lord, have\_ mer - cy, Lord, have\_ mer - cy.

Christ, have\_ mer - cy, Christ, have\_ mer - cy, Christ, have\_ mer - cy.

Lord, have\_ mer - cy, Lord, have\_ mer - cy, Lord, have\_ mer - cy.

*From Christ Church Mass - Philip Matthias (b. 1954)*

## INTRODUCTION TO THE CONFESSION

Hear, O Israel, the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength. Jesus said: 'This is the great and first commandment. And a second is like it: you shall love your neighbour as yourself.'

Christ the Son of God has been revealed as a light to the nations.

Let us bring our darkness to his light, confessing our sins in penitence and faith.

*Silence*

**Merciful God, our maker and our judge,  
we have sinned against you  
in thought, word and deed,  
and in what we have failed to do:  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
Father, forgive us.  
Strengthen us to love and obey you in newness of life;  
through Jesus Christ our Lord. Amen.**

Almighty God,  
who has promised forgiveness to all who turn to him in faith:  
pardon you and set you free from all your sins,  
strengthen you in all goodness  
and keep you in eternal life,  
through Jesus Christ our Lord. **Amen.**

**Gloria 2**

Glo - ry to God in the high - est, and peace to God's peo - ple on earth.

Lord God, heav'n - ly King, al - migh - ty God and Fa - ther, we wor - ship you, we give you thanks, we

praise you for\_ your glo - ry. Lord Je - sus Christ, on - ly Son of the Fa - ther,

Lord God,\_ Lamb of God, you take a - way the sin of the world: have mer - cy on us; you are

seat - ed at the right hand of the Fa - ther: re - ceive our prayer. For you a - lone are the

Ho - ly One: you a - lone are the Lord: you a - lone are the Most High,

Je - sus Christ, with the Ho - ly Spi - rit, in the\_ glo - ry of God the Fa - ther. A - men.

*From Christ Church Mass - Philip Matthias (b. 1954)*

## THE COLLECT

God of compassion,  
You have shown us in Christ that your love is never ending:  
enable us both to love you with all our heart  
and to love one another as Christ loved us.  
Grant this through our Lord Jesus Christ,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever **Amen**

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## THE LITURGY OF THE WORD

### FIRST READING

*Please sit for the reading*

A reading from Deuteronomy:

The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: ‘If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die.’ Then the Lord replied to me: ‘They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.’

*Deuteronomy 18.15-20*

For the word of the Lord.

**Thanks be to God.**

### PSALM 111

**Response:** God established an eternal covenant and sends redemption, redemption to earth.

1. Praise the Lord.  
I will give thanks to the Lord with my whole heart,  
in the company of the upright, in the congregation.
2. Great are the works of the Lord,  
studied by all who have pleasure in them.
3. Full of honour and majesty are the works of the Lord  
whose righteousness endures for ever,
4. who has caused his wonderful works to be remembered;  
the Lord is gracious and merciful. **Response.**



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5. The Lord provides food for the faithful and is ever mindful of his covenant.
  6. The Lord has shown his people the power of his works by giving them the heritage of the nations.
  7. The works of the Lord's hands are faithful and just; the precepts of the Lord are trustworthy;
  8. they are established for ever and ever, to be performed with faithfulness and uprightness. *Response.*
  9. The Lord sent redemption to his people and has established his covenant for ever. Holy and wondrous is God's name!
  10. The fear of the Lord is the beginning of wisdom; all those who practise it have a good understanding. The praise of the Lord endures for ever. *Response.*

## SECOND READING:

A reading from the first letter of St Paul to the Corinthians:

Now concerning food sacrificed to idols: we know that ‘all of us possess knowledge.’ Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that ‘no idol in the world really exists’, and that ‘there is no God but one.’ Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. ‘Food will not bring us close to God.’ We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling-block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged

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to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

*1 Corinthians 8.1-13*

For the word of the Lord.

**Thanks be to God.**

THE GOSPEL

Alleluia, **Alleluia**

A people in darkness have seen a great light:  
a radiant dawn shines on those lost in death.

**Alleluia**

The Lord be with you:

**And also with you.**

A reading from the Holy Gospel of our Lord Jesus Christ according to Saint Mark:

**Glory to you Lord Christ:**

They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, ‘What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.’ But Jesus rebuked him, saying, ‘Be silent, and come out of him!’ And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, ‘What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.’ At once his fame began to spread throughout the surrounding region of Galilee.

*Mark 1.21-28*



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This is the Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

SERMON

*Silence for reflection*

NICENE CREED

Let us stand and together affirm the faith of the Church

**We believe in one God, the Father, the almighty,  
maker of heaven and earth, of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one being with the Father; through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate of the Holy Spirit and the virgin Mary  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

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## THE PRAYERS OF THE PEOPLE

*After each section:*        Lord in your mercy  
                                      **Hear our prayer**

*And at the end:*

Almighty God, you have promised to hear our prayers.  
**Grant that what we have asked in faith**  
**we may by your grace receive,**  
**through Jesus Christ our Lord. Amen**

## THE GREETING OF PEACE

We are the body of Christ.

**His Spirit is with us.**

The peace of the Lord be always with you.

**And also with you.**

## HYMN

TIS 572 (II)

*Gtr. Capo 1*    Eb(D)                      Fm(Em)                      Bb7(A7)                      Eb(D) /

Ab(G)                      Eb(D)                      Fm(Em)                      Bb(A) /

Ab(G)                      Eb(D)                      Fm(Em)                      Bb7(A7)                      Eb(D) /

Cm(Bm)                      Fm(Em)                      Bb7(A7)                      Eb(D)                      Ab(G)                      Bb7(A7)                      Eb(D)

1. **O thou who camest from above**  
**the pure celestial fire to impart,**  
**kindle a flame of sacred love**  
**on the mean altar of my heart.**

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2. **There let it for thy glory burn  
with inextinguishable blaze,  
and trembling to its source return,  
in humble prayer and fervent praise.**
  3. **Jesus, confirm my heart's desire  
to work, and speak, and think for thee;  
still let me guard the holy fire,  
and still stir up thy gift in me,**
  4. **ready for all thy perfect will,  
my acts of faith and love repeat,  
till death thy endless mercies seal,  
and make the sacrifice complete.**

*Charles Wesley 1707–88 alt.*

#### THE PREPARATION OF THE GIFTS

Blessèd are you, Lord God of all creation, through your goodness we have this bread to offer, fruit of the earth and work of human hands, it will become for us the bread of life.

**Blessèd be God for ever.**

Blessèd are you, Lord God of all creation, through your goodness we have this wine to offer, fruit of the vine and work of human hands, it will become for us the cup of salvation.

**Blessèd be God for ever.**

#### EUCCHARISTIC PRAYER

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

All glory and honour, be yours now and always,  
mighty Creator, everliving God.

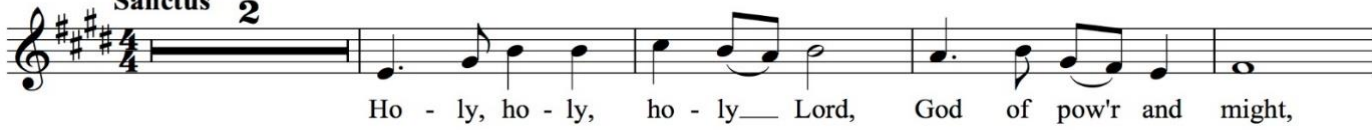
We give you thanks and praise for your Son,  
our Saviour Jesus Christ,  
who by the power of your Spirit was born of Mary  
and lived as one of us.

You anointed him as Messiah,  
the light of the nations,  
and revealed him as the hope  
of all who thirst for righteousness and peace.

By his death on the cross  
and rising to new life,  
he offered the one true sacrifice for sin  
and obtained an eternal deliverance for his people.


Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and saying:

**Sanctus 2**



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,  
Heav'n and earth are full of your glo - ry. Ho - san - na in the high - est.

**Benedictus**



Bless-ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

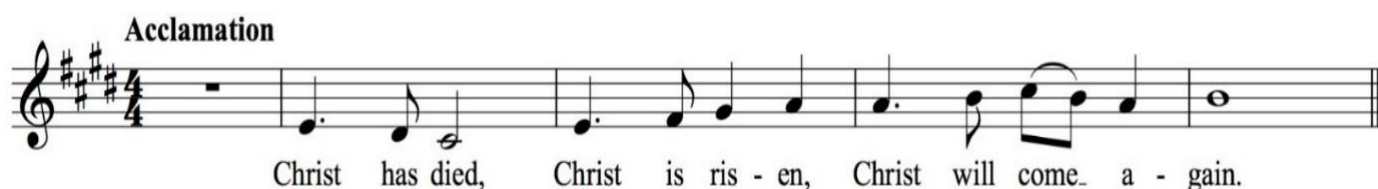
*From Christ Church Mass - Philip Matthias (b. 1954)*

Merciful God,  
we thank you for these gifts of your creation,  
this bread and wine, and we pray that by your Word and Holy Spirit,  
we who eat and drink them  
may be partakers of Christ's body and blood.

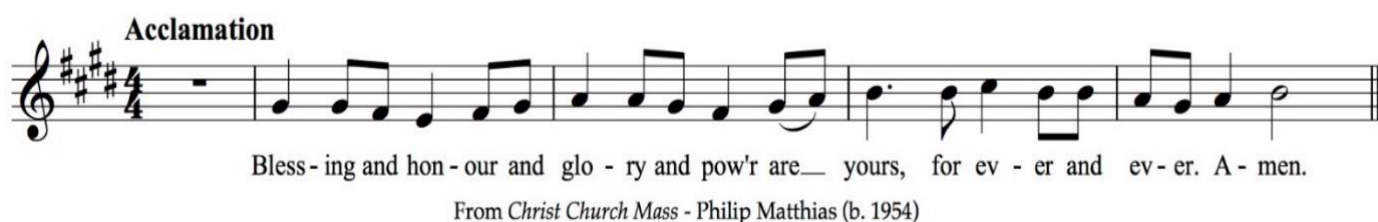
On the night he was betrayed Jesus took bread;  
and when he had given you thanks he broke it,  
and gave it to his disciples, saying,  
'Take, eat. This is my body given for you.  
Do this in remembrance of me.'

After supper, he took the cup, and again giving you thanks  
he gave it to his disciples, saying,  
'Drink from this, all of you.  
This is my blood of the new covenant  
shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.'

Let us proclaim the mystery of faith:



Therefore we do as our Saviour has commanded:  
proclaiming his offering of himself made once for all upon the cross,  
his mighty resurrection and glorious ascension,  
and looking for his coming again, we celebrate,  
with this bread and this cup,  
his one perfect and sufficient sacrifice for the sins of the whole world.  
Renew us by your Holy Spirit, unite us in the body of your Son  
and bring us with all your people into the joy of your eternal  
kingdom; through Jesus Christ our Lord,  
with whom, and in whom, in the fellowship of the Holy Spirit  
we worship you, Father, in songs of never-ending praise:



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## THE LORD'S PRAYER

As our Saviour Christ has taught us, we are confident to pray:  
**Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Save us from the time of trial and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

## THE FRACTION

We break this bread to share in the body of Christ.  
We who are many are one body,  
**for we all share in the one bread.**

## AGNUS DEI

**Agnus Dei 2**

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re-deem - er of the world: grant us your peace, grant us your peace.

*From Christ Church Mass - Philip Matthias (b. 1954)*

## THE INVITATION TO COMMUNION

He whom the universe could not contain, is present to us in this bread.  
He who redeemed us and called us by name, now meets us in this cup.  
So take this bread and this wine.  
In them God comes to us so that we may come to God.

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## POST-COMMUNION PRAYER

*Please stand*

God of glory,  
you nourish us with your Word who is the bread of life:  
fill us with you Holy Spirit that through us  
the light of your glory may shine in all the world.  
We ask this in the name of Jesus Christ our Lord. **Amen.**

## HYMN

TIS 210

1 O for a thou - sand tongues\_ to\_ sing my  
great Re-deem-er's praise, my great Re - deem - er's  
praise, the glor-ies of\_ our God\_ and King,  
the tri-umphs of his grace, the tri-umphs of\_ his\_  
grace, the tri - umphs of his grace!

- 1. O for a thousand tongues to sing  
my great Redeemer's praise,  
the glories of our God and King,  
the triumphs of his grace!**

- 
2. **Jesus! the name that charms our fears,  
that bids our sorrows cease;  
such music in the sinner's ears  
is life, and health, and peace.**
  3. **He breaks the power of cancelled sin,  
he sets the prisoner free;  
his blood can make the foulest clean,  
his blood availed for me.**
  4. **He speaks, and listening to his voice  
new life the dead receive,  
the mournful, broken hearts rejoice,  
the humble poor believe.**
  5. **Hear him, you deaf; his praise, you dumb,  
your loosened tongues employ;  
you blind, behold your Saviour come;  
and leap, you lame, for joy!**
  6. **My gracious Master and my God,  
assist me to proclaim,  
to spread through all the earth abroad  
the honours of your name.**

*Charles Wesley 1707–88 alt.*

## ANNOUNCEMENTS

THE SENDING OUT OF GOD'S PEOPLE *Please stand*

Most loving God, you send us into the world you love.  
**Give us grace to go thankfully and with courage  
in the power of the Spirit.**

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## A BLESSING FOR THE NEW SCHOOL YEAR

We give thanks for students and teachers.  
Send your Spirit upon them  
and fill them with your wisdom and blessings.  
May they enjoy their learning and teaching  
and take delight in new discoveries.  
And may almighty God the Father, the Son, and the Holy Spirit.  
bless you all.  
**Amen.**

## THE BLESSING

May you experience his kindness and blessings,  
and be strong in faith, in hope, and love;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be amongst you and remain with you always. **Amen**

## THE DISMISSAL

Go in peace to love and serve the Lord:  
**In the name of Christ. Amen.**

## PRAYERS

Please pray for those in need: Emily and Mick, Susan and Greg, Peter and Juneanne, Jenny Langmead, Mavis and Martin, Brandi and family.

Also, those whose anniversaries of death fall this week, including: Reg Pestell and Ruth Lavinia Houghton.

If there is a name that should be included please advise the Parish Office by email [office@stmarys.org.au](mailto:office@stmarys.org.au)

<b>The Roster</b>		
	<b>January 28th</b>	<b>4th February</b>
<b>8:00am Reader</b>	TBC	Andrew McKinlay
<b>10:00am Readers</b>	Rosie Moloney	John Blanch Michael Golding
<b>Serving Team</b>	Andrew Murray Anne Sunderland	Alice Christofi Peter O' Donoghue Anne Sunderland
<b>Subdeacon</b>		Andrew Murray
<b>Welcome</b>	Alice Christofi	Adam Wing
<b>Introduction &amp; Intercessions</b>	(intro in pew sheet) Serving Team/Sub Deacon	Josie Snowdon
<b>Video/AV</b>	Sam Miller	Sam Miller
<b>Kids Corner &amp; Sunday School</b>	School Holidays	Rosie Moloney
<b>Morning Tea</b>	TBC	Margaret Noble Michael Noble

**Acknowledgements:**

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# St Mary's Parish Notices

## Return of the Choir

St Mary's Choir returns this coming week, meeting on Tuesday evenings from 5.30 till 7pm unless otherwise negotiated. The Choir welcomes interested persons of all ages, ability and experience. If you are interested, or know of someone who might be, please contact the Director of Music (see Parish directory) Vicar or chat with a Chorister.

## Sharing with the Hungry

Anglicare is now back and is quite short of food. Please take a bag from the baptistery and bring it back with food.

Small sizes and easy to open please.

## Parish Councillors for 2024

Sam Miller, Anne Sunderland, Adam Wing (Churchwardens), Andrew Barnard (treasurer), Helen McCallum, Alice Christofi (secretary), Andrew Gador-White, John Blanch, Rosie Moloney (Parish Councillors)

## Giving to Support St Mary's

We value your financial support. This helps us keep our doors open and fulfil our mission. *You can donate by following this link or scanning the QR code:*

<http://st-marys-anglican-north-melbourne.square.site/>



*Or make a direct transfer to:*

**Account Name:** St Marys Anglican Church North Melbourne

**Bank:** Westpac **BSB:** 033 132 **Account Number:** 264412

# CONTACT ST MARYS

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Vicar: Rev'd Canon Jan Joustra  
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Wardens:	Anne Sunderland	<a href="mailto:annes@jenkinsau.net">annes@jenkinsau.net</a>
	Adam Wing	<a href="mailto:awwingman@gmail.com">awwingman@gmail.com</a>
	Sam Miller	<a href="mailto:samcmiller92@msn.com">samcmiller92@msn.com</a>

Director of Music: Beverley Phillips [bphillips@melbourneanglican.org.au](mailto:bphillips@melbourneanglican.org.au)

Parish Administrator: Darrell Pitt.

Office Hours: 9.30 am to 12.30 pm, Mon-Fri.

## KOOYOORA

PROFESSIONAL STANDARDS  
DIOCESE OF MELBOURNE

The Anglican Diocese in conjunction with St Mary's Anglican Church North Melbourne does not tolerate abuse, harassment or other misconduct within our communities. If any person has concerns about behaviour of a church worker, past or present. The Diocese of Melbourne is committed to doing all that is possible to ensure that abuse does not occur. All complaints of abuse are taken very seriously, and we do all we can to lessen harm. We offer respect, pastoral care and ongoing long-term support to anyone who makes a complaint. St Mary's Statement of Commitment to Child Safety is on our noticeboard and can be downloaded from our website [www.stmarys.org.au](http://www.stmarys.org.au).

**PLEASE REPORT ABUSE CALL 1800 135 246**